

June 7, Monday

7:30–8:00 AM

Registration

8:00–8:15 AM

Chapter Update

Jennifer N. Brinton, MD, FAAP, UTAAP Chapter President

8:15–9:00 AM

Scoliosis

Joshua W. B. Klatt, MD

- » Identify how to best diagnose scoliosis in patients
- » Discuss when screening is appropriate
- » Review the current treatments for scoliosis and when patients need referrals

9:00–9:45 AM

Brief Resolved Unexplained Event (BRUE)

Joshua L. Bonkowsky, MD, PhD

- » Define a Brief Resolved Unexplained Event (BRUE)
- » Explain the workup patients should receive after these events
- » Discuss when patients with BRUE need follow up or specialty care

9:45–10:00 AM

Award Presentation

10:00–10:45 AM

Psychotropic Oversight Program (UPOP)

Michelle L. Vo, MD

- » Describe the Utah Psychotropic Oversight Program for children and youth in foster care
- » Review case studies to illustrate common prescribing practices in trauma-informed psychotropic prescribing
- » Assess when the need of help from other resources is required

10:45–11:00 AM

Break

11:00–11:45 AM

Postural Orthostatic Tachycardia Syndrome (POTS) Part 2

Craig A. Coleby, MD, FAAP

- » Discuss available treatments for Postural Orthostatic Tachycardia Syndrome (POTS)
- » Demonstrate best practices by primary care doctors caring for POTS patients
- » Determine when to refer patients to specialists

11:45 AM–12:30 PM

It's Not the Thyroid

Allison R. Smego, MD, FAAP

- » Review thyroid function tests and normal/abnormal lab levels
- » Discuss when to worry vs not worry
- » Explain monitoring and treating thyroid disorders

12:30–1:15 PM

Disruptive Mood Dysregulation Disorder (DMDD)

Kristi K. Kleinschmidt, MD, FAAP and Spencer F. Merrick, MD

- » Explain Disruptive Mood Dysregulation Disorder and how to diagnose
- » Detect which patients are at risk and appropriately screen
- » List ways physicians can help families regarding treatments and available resources

June 8, Tuesday

7:30–8:00 AM

Registration

8:00–8:45 AM

The Bidirectional Connection Between Primary and Specialty Care: Moving from Actual to Ideal

Angelo P. Giardino, MD, PhD, FAAP

- » Describe in the context of promoting a Medical Home, what the ideal synergy would be among primary care and specialty care providers.

8:45–9:30 AM

Ophthalmology 101

David C. Dries, MD

- » Summarize ophthalmologic evaluations physicians should do regularly
- » List sight problems physicians want to be on the look for
- » Discuss when patients need a referral to ophthalmology

9:30–9:45 AM

Break

9:45–10:30 AM

Social Media and Child Health: Scope of the Issue

David L. Hill, MD, FAAP

- » Identify how social media use impacts health and development during childhood and adolescence
- » Explore social media use habits with families as part of anticipatory guidance
- » Develop skills to guide families in creating healthy social media use plans

10:30–11:15 AM

Social Media and Child Health: How Providers Can Respond

David L. Hill, MD, FAAP

- » Review the evolution of AAP policy regarding electronic media and children
- » Assess social media risks and advise parents and patients on healthy use with brief interventions
- » Discuss what resources are available to providers and families to assist with social media and children

11:15 AM–12:00 PM

Using the Medical Home Portal

E. Charles (Chuck) Norlin, MD, FAAP

- » Use the Medical HomePortal to improve the care of children with special health care needs in daily practice
- » Support families with the information they need to care and advocate for their children with special needs
- » Identify and take advantage of local professional and community services, plus resources for CYSHCN and their families

12:00 PM–12:45 PM

Multisystem Inflammatory Syndrome in Children (MIS-C), a COVID-19 Complication

Erin M. Treemarcki, DO, FAAP

- » Define MIS-C and discuss how it presents
- » Review evaluation of and treatments used in MIS-C
- » Discuss disease course of MIS-C

June 9, Wednesday

7:30–8:00 AM

Registration

8:00–8:45 AM

An Overview of Growth Through Childhood, and What to Know When Considering a Referral to an Endocrinologists

Mark E. Hamaker, MD, FAAP and

Brianna M. Galbraith, DNP, FNP-C, CDCES

- » Recognize normal growth patterns
- » Identify patterns more consistent with an endocrine disorder
- » Discuss when to refer and what counsel to provide families when referral is not appropriate
- » Explain the major factors influencing growth and how to do a basic evaluation of these factors

8:45–9:30 AM

Three Faces of Metabolic Syndrome

Robert H. Lustig, MD

- » Define the difference between subcutaneous fat, visceral fat and liver fat
- » Explain the regulation of the 3 fat compartments
- » Analyze the American lifestyle/diet contribution to each of the 3 fat compartments

9:30–9:45 AM

Break

9:45–10:30 AM

The Nutrition Transition from Fetus to Toddler: What and How They Eat

Robert H. Lustig, MD

- » Explain the use of biomarkers in the prediction of cardiovascular disease and diabetes
- » Review the politics of nutritional messaging and subterfuge over the past 40 years
- » Evaluate the role of ultra processed food in fomenting chronic disease

10:30–11:15 AM

CBD for the PCP

Joni A. Hemond, MD, FAAP and Luke MJ Dwyer, MD

- » Define Cannabidiol (CBD) and its relationship to cannabis (marijuana)
- » Evaluate the evidence for CBD in treating pediatric patients
- » Determine the best responses to parent and patient requests for CBD treatment

11:15–11:30 AM

Break

11:30 AM–12:15 PM

Lipids and Coronary Artery Disease Prevention

Adam L. Ware, MD, FAAP

- » Detect the patients at greatest risk of future coronary artery disease
- » Discuss the most recent recommendations and evidence for screening cardiovascular risk factors
- » Demonstrate the roles of primary care and specialty care in treating children with lipid disorders

12:15–1:00 PM

Food Protein Induced Enterocolitis Syndrome (FPIES) and Other Allergic Syndromes

Loida Viera-Hutchins, MD

- » Define Food Protein Induced Enterocolitis Syndrome (FPIES)
- » Identify oral allergy syndrome and how to treat it
- » Discuss various allergy syndromes affecting children and when to see a specialist

Printed and E-Syllabus Options

In order to provide high quality images and graphics, the syllabus for the Common Problems in Pediatrics Conference will be available to all attendees online for download in advance of the conference. The electronic syllabus will contain presentations that were provided by the speakers. Presentations are available by discretion of the speaker and the online syllabus will be updated each day of the conference. If you would like to receive a printed copy, simply select that option on the registration form; please note that an additional fee of \$50 for supplies and \$10 for shipping costs applies.

Location

The 43rd Annual Common Problems in Pediatrics Conference will be held June 7–9, 2021 *virtually*.

Exhibits

The conference will showcase the latest products and services to keep you up to date, as well as community referral resources for your practice. Exhibits will be open Monday, Tuesday, and Wednesday in the virtual exhibit hall.

Fees

Fees include tuition, electronic course syllabus, and certificate of completion.

Cancellation Policy

Cancellation and Reimbursement Policy: Full (100%) registration reimbursement for cancellation more than 14 days prior to the beginning of the activity. Half (50%) registration reimbursement for cancellation between four (4) and fourteen (14) days prior to the beginning of the activity. No reimbursement for cancellation three (3) days or less prior to the beginning of the activity.

Exceptions

Exceptions may be allowed only under extenuating circumstances and with approval from the IPCE Director, IPCE Medical Director, and AVP for IPCE.

Objectives

The Common Problems in Pediatrics Conference is designed for physicians, residents, advanced practice providers and others interested in pediatric care issues. The latest practical information on delivering healthcare to children will be presented through lectures and discussions. Interaction between faculty and the audience is facilitated through question and answer periods.

A wide variety of clinically relevant topics have been included to appeal to a broad range of interests. As a result of this conference, the attendee should be able to evaluate, manage, and appropriately refer pediatric patients with problems in the areas of POTs, scoliosis, social media, short stature, and fat vs sugar.

Accreditation



This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Intermountain Healthcare, Primary Children's Hospital, the Department of Pediatrics at the University of Utah School of Medicine and the Utah Chapter of the American Academy of Pediatrics. Intermountain Healthcare is accredited by the ACCME to provide continuing medical education for physicians.

AMA PRA Credit

Intermountain Healthcare designates this live activity for a maximum of 13.75* AMA PRA Category 1 Credit(s)[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

**Credit hours are subject to change and based on actual learning hours and at the discretion of IPCE.

Visiting Speakers

Robert H. Lustig, MD

Professor of Pediatrics
Division of Pediatric Endocrinology
University of California School of Medicine, San Francisco
Director, Weight Assessment for Teen and Child Health Program

David L. Hill, MD, FAAP

Pediatrician, Goldsboro Pediatrics
Adjunct Assistant Professor of Pediatrics
University of North Carolina School of Medicine
Chair, AAP Council on Communications and Media

Speaker List

Joshua L. Bonkowsky, MD, PhD

Bray Presidential Chair in Child Neurology
Chief, Division of Pediatric Neurology
University of Utah School of Medicine

Jennifer N. Brinton, MD, FAAP

Associate Professor
President, Utah Chapter of the American Academy of Pediatrics
University of Utah School of Medicine

Craig A. Coleby, MD, FAAP

Physician,
Granger Medical Clinic

David C. Dries, MD

Associate Professor
Department of Ophthalmology
University of Utah School of Medicine

Luke MJ Dwyer, MD

Clinical Instructor
Department of Psychiatry—UNI
Neurobehavior HOME Program
University of Utah School of Medicine

Brianna M. Galbraith, DNP, FNP-C, CDCES

Pediatric Endocrinology,
University of Utah
Primary Children's Hospital Diabetes Program - Clinical Nurse Specialist

Angelo P. Giardino, MD, PhD, FAAP

Wilma T. Gibson Presidential Professor
Chair, Department of Pediatrics
University of Utah School of Medicine
Chief Medical Officer,
Primary Children's Hospital

Mark E. Hamaker, MD, FAAP

Assistant Professor
Division of Pediatric Endocrinology
University of Utah School of Medicine

Joni A. Hemond, MD, FAAP

Assistant Professor,
Department of Pediatrics
University of Utah School of Medicine

Joshua W. B. Klatt, MD

Assistant Professor
Department of Orthopaedics
University of Utah School of Medicine

Kristi K. Kleinschmidt, MD, FAAP

Assistant Professor
Divisions of Child Psychiatry and
Pediatric Behavioral Medicine
University of Utah School of Medicine

Spencer F. Merrick, MD

Resident Physician
Divisions of Child and
Adolescent Psychiatry
University of Utah School of Medicine

E. Charles (Chuck) Norlin, MD, FAAP

Professor
Department of Pediatrics
University of Utah School of Medicine

Allison R. Smego, MD, FAAP

Assistant Professor
Division of Pediatric Endocrinology
Department of Pediatrics
University of Utah School of Medicine

Erin M. Treemarcki, DO, FAAP

Assistant Professor
Division of Pediatric Rheumatology
University of Utah School of Medicine

Loida Viera-Hutchins, MD

Physician
Allergy, Asthma and Immunology
Rocky Mountain Allergy
Tanner Clinic

Michelle L. Vo, MD

Assistant Professor
Division of Child Psychiatry
University of Utah School of Medicine

Adam L. Ware, MD, FAAP

Assistant Professor
Division of Pediatric Cardiology
University of Utah School of Medicine

Planning Committee

Ellie Brownstein, MD, FAAP

Conference Director
Pediatrician, Greenwood Health Center
Adjunct Associate Professor
Department of Pediatrics
University of Utah School of Medicine

Alisa Stoddard, BS

Executive Director
American Academy of Pediatrics,
Utah Chapter

Lu Lu Waterhouse, MD

Pediatrician
Willow Creek Pediatrics

Jennifer N. Brinton, MD, FAAP

Associate Professor
President, Utah Chapter of the
American Academy of Pediatrics
University of Utah School of Medicine

Registration

Tuition

	Extended Early Bird (Postmarked by) May 14, 2021	After May 14, 2021
UTAAP / UAAP Member	\$399	\$449
Non-Member Physician	\$525	\$575
UTAAP Affiliate or Non-Physician Member	\$299	\$349
Non-Physician	\$425	\$475
Pediatric or Family Physician Resident	\$80	\$80
Medical Student	\$25	\$25
1 day only	\$275	\$275
Which day will you be attending?	Monday Tuesday Wednesday	
Printed Syllabus	\$60	Not Available
Tuition total:		

Non-Profit
US Postage
PAID
Salt Lake City, UT
Permit No. 2111



To register for the Common Problems Conference, go to
<https://intermountain.cloud-cme.com/commonproblems2021>



If you have questions or need registration assistance please contact IPCE at:
801-507-8570 | Toll-free number: 800-910-7262
Email address: ipce@imail.org

Intermountain[®]
Interprofessional
Continuing Education

Intermountain Healthcare Inc.
Interprofessional Continuing Education
383 West Vine Street, 3rd Floor
Murray, UT 84123

RETURN SERVICE REQUESTED



43rd Annual Conference

Common Problems in Pediatrics

June 7-9, 2021

Due to social distancing guidelines, this conference will be held virtually.

To register for the Common Problems Conference, go to
<https://intermountain.cloud-cme.com/commonproblems2021>

American Academy of Pediatrics
DEDICATED TO THE HEALTH OF ALL CHILDREN[™]
Utah Chapter

Target Audience: Pediatricians, Family Physicians, and Advance Practice Providers

If duplicate mailing is received, please share with a colleague